

# Equipment List for Half Dome

The following list is a general guide and will assist you in packing for the program. Please do not hesitate to contact us if you have specific questions regarding equipment or if you need assistance prior to making a purchase. The following list will vary according to the time of year, and your individual requirements. Items marked with a \* are items that we rent or we can coordinate rentals with a local shop.

## Essentials

- ☐ Footwear. There is some easy off trail and boots should be sturdy with ample ankle support. Lightweight tennies are inadequate.
- ☐ Camp Shoes. A lightweight pair of tennies or Tevas to wear in camp. This will reduce vegetation damage at our campsites.
- ☐ Pack. A 3000-3500 cubic inch will hold everything for the backcountry.
- ☐ Sleeping Bag. Most summer trips are warm and a bag rated to about 25°F will be warm enough except in the spring and fall.
- ☐ Sleeping pad. A 3/4 or full length closed cell foam or Thermarest. If you bring a Thermarest also bring a repair kit to fix pesky leaks.
- ☐ 1 pair gardening or similar gloves. These are for on the cables and provide grip while reduce wear on the palms. There is a pile of them at the start of the cables, but they come and go so best to bring your own.
- ☐ Personal toiletries. It is not necessary to smell like a rose each day so do not over do it. TP and two ziplock bags, one for new TP and one for used. We do not burn TP in the backcountry.
- ☐ Sunscreen and lip screen. 30+. A 1 oz. bottle will be enough. Make sure the lip stuff actually contains a sun-screen.
- ☐ Bug repellent. Only needed in the early season.
- ☐ Personal Medical Kit. The guide will carry a large kit so yours will predominately consist of foot repair items, mild pain killer such as Advil, and bandaids.
- ☐ Camera. A spare battery and an extra card are good back ups.
- ☐ Plastic Trash Sac. Handy for keeping gear in outside the tent should it rain.
- ☐ Optional reading material etc.
- ☐ Ski poles. These are not essential, but can be handy on the trail. It is your choice, but they do save wear on the knees.
- ☐ Food. We provide the main meals on scheduled trips. You need to bring drinks (hot and cold) and your favorite snacks. Food is not included on custom trips but can be provided at additional cost. We will discuss this when arranging the trip.

## Clothing

- ☐ 2 pair synthetic liner socks.
- ☐ 1 pair heavier synthetic or wool blend socks.
- ☐ Long underwear top and bottom. Capilene or some other synthetic is most desirable.
- ☐ Warm pants. Tights or expedition weight capilene.
- ☐ Warm shirt. Synchronia or 200 weight work well.
- ☐ Another fuzzy sweater top or pile jacket of some sort.
- ☐ GoreTex Jacket and Pants - A lightweight set is sufficient and heavy bulky clothing is unnecessary. Side zips on the pants should be long enough to slide on over boots. The jacket must have a hood. Do not skimp on your bad weather gear.
- ☐ Shorts for on the trail.
- ☐ Tee shirt for on the trail
- ☐ Lightweight capilene or similar gloves.
- ☐ Warm hat.
- ☐ Sunhat.

## Etc.

- ☐ Sun glasses. Good quality. If you wear corrective glasses you might want a second pair in case of breakage.
- ☐ Water Bottles. Water is sparse on this trips so two to three quart (1 liter) wide mouth bottles and or a hydration system holding up to 60oz. (2 liters).
- ☐ Headlamp. With a spare set of batteries.
- ☐ Eating and drinking equipment. Forget the traditional Sierra cup, instead use an insulated backpacking mug, with a lid. This can double for a bowl. Fork and spoon
- ☐ Pocket knife. Swiss army style.

## Shared Equipment Provided by SMC

- ☐ Shelter. We will provide lightweight, storm worthy tents. If you have your favorite, by all means bring it, but we do want to pair people up where possible to reduce weight.
- ☐ Stove. We provide MSR Whisperlite stoves.
- ☐ Cookwear.
- ☐ Water purification. A sad but true fact of life is that much Sierra water is contaminated. Iodine may be used individually or the group can carry a pump style purifier.

## You specifically don't need

- ⊗ Cell phones. They rarely work anyway.
- ⊗ Big first aid kits (we have a comprehensive one).
- ⊗ Deodorant or any toiletries beyond those listed above.
- ⊗ Items that are not on this list.