

Snow Travel Skills Equipment List

Please do not hesitate to contact us if you have specific questions regarding equipment or if you need assistance prior to making a purchase. The following list will vary according to the time of year, conditions, and your individual requirements. Items marked with an * can be rented from us. Contact us via email or phone for rentals. **If it's not on this list, you likely don't need it.**

Essentials

- Boots.* Lightweight mountaineering or heavy duty hiking boots are needed. If you have questions about footwear, please contact us.
- Ice axe.* General purpose axe appropriate for your height.
- Crampons.* Must be compatible with your boots.
- Harness.*
- Helmet.*
- Two locking carabiners and a few non-lockers.*
- Belay device.*
- Trekking poles*. These are not essential but can be handy on the trail. They do save the knees on long descents.
- Day pack. 25-25 liters.

Clothing - Wool or synthetic recommended. Waterproof outer layers are needed.

- 1 pair of socks. Ski socks or similar that go above a boot.
- Waterproof jacket and pants - lightweight and non-bulky. Jacket must have a hood. Ski pants can work.
- 1 long-sleeve sun shirt, "hoodie" style.
- 1 pair of long-johns or tights.
- 1 mid-layer insulating top.
- 1 warm down jacket.
- 1 lightweight pair of gloves.
- 1 waterproof pair of gloves/mittens.
- 1 warm hat/beanie.
- Sunhat.
- Neck gaiter/buff optional.

Etc.

- Sunglasses.
- Sunscreen and lip screen. SPF 30+. A 1-2 oz. bottle will be enough. Make sure the lip screen actually contains sunscreen.
- Water bottles/bladder. 2L should be enough for the day.
- Personal toiletries. Include some TP and a bag to pack out.
- Thermos with hot drink optional.
- Hand warmers optional.
- Bug repellent optional.

Food

- Bring your own snacks, water, and lunch. We will be in the field on the snow for the day.

Shared Equipment - SMC Provides

- Ropes.
- First aid kits.

